

RESPECT FOR SEXUAL ORIENTATION AND GENDER IDENTITY RECOMMENDED PRINT RESOURCES

The following resources have been recommended by Saskatchewan Learning to support several curricula. Each entry contains the citation (title, author, publisher, ISBN) along with an annotation and the suggested uses. The suggested and other use information illustrates the curricula the resource was recommended to support. All recommended resources can be found online at www.sasklearning.gov.sk.ca/branches/curr/iru/onlbib.shtml.

1. **Adolescent Portraits: Identity, Relationships, and Challenges. 4th ed.** (Print-Non-Fiction). Garrod, Andrew, et al. Allyn & Bacon Canada, 2002. 319 p. ISBN 0-205-33171-8.

This fascinating collection of case studies presents a glimpse into the world of adolescent psychology. Eighteen case studies examine adolescents struggling to come to terms with their identity through gender, work, values, ethnicity and sexuality. The area of relationships is covered through articles related to families and peers. While some of the case studies offer an interpretation and follow up, most of them do not and can be used to encourage discussion in class. While the book has been written for a university psychology class, the cases are easy to read and will be useful to a high school class as well. Due to the mature content of some of the cases, a careful screening is advised.
Suggested Use: Psychology 20 - Making Sense of Our World, Who Am I?, Teacher Reference; Psychology 30 - Adolescence, Teacher Reference
Other Use: Life Transitions 20/30

2. **Bad Boy** (Print-Fiction). Wieler, Diana. Douglas & McIntyre/Groundwood, 1989. 191 p. ISBN 0-88899-083-9.

(SK) Teenage sexuality and amateur hockey are two themes explored in this novel. A.J. Brandiosa is angry and confused about his parent's divorce and his best friend's homosexuality. His rage spills out on the ice when he plays hockey. He gradually begins to realize he must accept things he cannot change.
Suggested Use: English Language Arts B10 - Decisions

3. **Box Girl** (Print-Fiction). Withrow, Sarah. Groundwood Books, 2001. 181 p. ISBN 0-88899-436-2.

(CAN) Gwen's mother left five years ago. During that time, her mother has sent her five postcards promising that they will be together again. The postcards have French stamps and no return address.

Each evening Gwen builds a box around herself with those postcards, imagining it is a "spells box" that will allow her to make contact with her mother. Gwen rationalizes that she should not form any friendships that will have to end when she leaves to join her mother. The young girl deals with a lot of issues – growing up without her mother, living with her dad and his boyfriend, being a loner and trying to keep all that bottled up inside. Then, she meets Clara and she gradually discovers the joy and commitment of true friendship.

Suggested Use: English Language Arts - Grade 6; Grade 7; Grade 8

Other Use: Health Education: Middle Level

4. **Boys Will Be Men: Raising Our Sons for Courage, Caring and Community** (Print-Non-Fiction). Kivel, Paul. New Society Publishers, 1999. 241 p. ISBN 0-86571-395-2.

This is the type of resource that encourages students to think outside of the box. The author has taken the approach that the traditional gender socialization of boys in our society is a damaging influence. In his book, Kivel explores the forces that shape the hearts and minds of boys and young men in North America. Much of the book also discusses ways and means of helping boys to overcome the racism, homophobia, drugs, violence and pornography that have such a negative impact on our society. In effect, the book provides the courage for young men to step outside the "act like a man" stereotype and become gentle and caring. This is an excellent resource to generate discussion within the classroom. An index is provided.

Suggested Use: Psychology 20 - Making Sense of Our World; Psychology 30 - Adolescence, Early Childhood, Middle Childhood

Other Use: Life Transitions 20/30

5. **Can You Relate?: Real-World Advice for Teens on Guys, Girls, Growing Up, and Getting Along** (Print-Non-Fiction). Fox, Annie. Free Spirit Publishing, Inc., 2000. 245 p. ISBN 1-57542-066-X.

The format of this book will encourage students to read and browse for the issues that most concern them. For each of the topics discussed, a brief factual overview is presented. The key to the book's success is the inclusion of letters that teens wrote to "Dear Terra" asking personal questions related to the topic. Her answers will help teens in developing a healthier and happier relationship with all the people in their lives, including themselves. A conflict resolution toolkit in the last chapter offers many practical tips. An index is included.

Suggested Use: Psychology 20 - Acting and Interacting in a Social World; Psychology 30 – Adolescence

Other Use: Life Transitions 20/30

6. **Canadian Families: Diversity, Conflict, and Change. 2nd ed.** (Print-Non-Fiction). Mandell, Nancy and Duffy, Ann. Harcourt Canada Ltd., 2000. 388 p. ISBN 0-7747-3629-1.

(CAN) In this collection of readings and case studies, the traditional view of the family is demythologized. Rather than seeing the family in crisis, the authors have taken the approach that the family is adapting to change and there is now a new reality that defines what a family is in Canada. This new reality includes same sex parents, people of colour, feminism, divorce options and intergenerational families. Although intended for a university course, these excellent and short readings can be used by high school students. Each chapter ends with a summation and critical thinking questions. An index and a glossary are included.

Suggested Use: Psychology 20 - Acting and Interacting in a Social World, Teacher Reference

Other Use: Life Transitions 20/30

7. **The Eagle Kite** (Print-Fiction). Fox, Paula. Orchard Bks., Inc., 1995. 127 p. ISBN 0-531-06892-7 hdc., ISBN 0-440-21972-8 pbk.

In this poignant novel, 13-year-old Liam must face the fact that his father is dying from AIDS. He struggles with difficult circumstances that include facing his father's homosexuality, dealing with his mother's deception, and trying to understand his own emotions. Note: Teachers are advised that this book deals with sensitive subject matter. See also: *Earthshine*.

Suggested Use: English Language Arts - Grade 8; Grade 9

8. **The Ethical Process: An Approach to Controversial Issues. 2nd ed.** (Print-Non-Fiction). Brown, Marvin T. Prentice Hall Inc., 1999. 83 p. ISBN 0-13-977620-6.

This is an excellent resource that offers teachers and students a detailed methodology for dealing with controversial issues. The method helps students to explore their reasons for different positions, to evaluate them by ethical standards and in the process, to learn from one another. Each of the chapters in this short book contains several worksheets to take students step-by-step through the concepts being discussed.

Suggested Use: History; Social Studies; Teacher Reference

Other Use: Canadian Studies; Social Studies 10/History 10

9. **For Better or for Worse: A Canadian Guide to Marriage Contracts and Cohabitation Agreements** (Print-Non-Fiction). Cochrane, Michael G. (Wiley Legal and Practical Guide Series). John Wiley & Sons Canada, Ltd., 1999. 236 p. ISBN 0-471-64206-1.

(CAN) The author's intent with this series is to take a complex group of family laws and make them understandable to the average Canadian. As a consequence, this is a very student friendly self-help resource. The book deals with questions such as the legal implications of getting married, protecting assets built up before the marriage, the usefulness of a marriage contract and the legal implications of same-sex couples. Several sample documents are part of the resource. An index and a glossary of family law terms are included.

Suggested Use: Law 30 - Family Law

10. **Gay & Lesbian Youth** (Print-Non-Fiction). Stewart, Gail B. (The Other America Series). Lucent Books, Inc., 1997. 112 p. ISBN 1-56006-337-8.

Using four first-person accounts from gay teens, the author lays out in gritty detail the lives of these youth. With the use of photographs, the stories become personalized, and the reader can begin to empathize with the problems faced by these people who are often shunned. Included are an index, further readings and suggestions on how to get involved and make society more open toward gay and lesbian youth.

Suggested Use: Psychology 20 - Acting and Interacting in a Social World;
Psychology 30 – Adolescence

Other Use: Life Transitions 20/30

11. **Girls Are Equal Too: How to Survive: For Teenage Girls. 2nd ed.** (Print-Non-Fiction). Carlson, Dale B. and Carlson, Hannah. (Psychology for Teenagers Series). Bick Publishing House, 1998. 231 p. ISBN 1-884158-18-8.

Using humour to provide insight, this award-winning book looks at the role of young women in school, work and the media. The relationships between men and women during dating and marriage are also examined. The historical roots of women's traditional role are discussed, as are ways to change it. The reading style is engaging, and the information is enlightening. An index is included.

Suggested Use: Psychology 20 - Acting and Interacting in a Social World, Making Sense of Our World; Psychology 30 – Adolescence

Other Use: Life Transitions 20/30

Initiative: Gender Equity

12. **Healthy Sexuality: What Is It?** (Print-Non-Fiction). Endersbe, Julie K. (Perspectives on Healthy Sexuality Series). Capstone Press, Inc., 2000. 64 p. ISBN 0-7368-0273-8.

This book explains healthy sexuality in clear and definite terms that teens will be able to understand. Relationships, good communication, responsibility and the importance of proper decision making are also addressed. Colour photographs and sidebars of additional information add to the appeal of this easy-to-read resource. An index and a glossary are included.

It is advisable for educators to carefully screen this resource to ensure that it meets the criteria of local selection policies.

Suggested Use: Life Transitions 20/30 - Human Sexuality; Sexual and Reproductive Health

Other Use: Health Education: Grades 6 to 9

13. **Hear These Voices: Youth at the Edge of the Millennium** (Print-Non-Fiction). Allison, Anthony. Dutton Books, 1999. 170 p. ISBN 0-525-45353-9.

In a series of case studies, 15 "at risk" young people from around the world share their experiences of trying to survive in the new millennium. For these teenagers, the reality of the world they live in consists of AIDS in San Francisco, prostitution in Thailand, religious differences in Northern Ireland, alcoholism in the Ukraine and homelessness in South Africa.

These are, however, not depressing stories. The young people who are profiled talk about how they have coped with their struggles and made an attempt to overcome them. The stunning black-and-white photographs add to the appeal of the resource.

Suggested Use: Psychology 30 – Adolescence

Other Use: Life Transitions 20/30; Social Studies 20/History 20

Initiative: Multicultural Content and Perspectives

14. **Helping Your Teen Overcome Depression: A Guide for Parents** (Print-Non-Fiction). Kaufman, Miriam. Key Porter Books Limited, 2000. 262 p. ISBN 1-55263-278-4.

(CAN) The short, easy-to-read subsections make this an excellent resource for students. The expanded table of contents allows easy access to information about types of depression, the use of medications, how therapy works, the types of anxiety disorders, eating disorders, gay teens and poverty's connection to depression. Although the subtitle suggests the book be used as a guide for parents with teenage children, the resource works very well in a school setting. An index is included.

Suggested Use: Psychology 20 - Acting and Interacting in a Social World; Psychology 30 – Adolescence

15. **The Human Rights Encyclopedia** (Print-Non-Fiction). Lewis, James R. and Skutsch, Carl, eds. Sharpe, M. E. Inc., 2001. 3 vols. ISBN 0-7656-8023-8.

"A society that lacks human rights is a society that breeds misery." This opening line, from the forward by Aung San Suu Kyi, Nobel Peace Laureate, illustrates precisely why the study of human rights is so important. The first two volumes of this set provide an A-to-Z presentation about the state of human rights in virtually every country around the world, including Canada. Each two-to-four page spread provides a map and background to the country before discussing specific human rights issues.

The last half of Volume Two and all of Volume Three provide a topical discussion to over 100 human rights issues. These articles are concise, well written and accompanied by black-and-white photographs.

The types of issues dealt with include affirmative action, exile and deportation, international law, land mines, terrorism and war crimes. Several United Nations human rights documents are presented in the appendixes. This is an excellent resource that will encourage dialectic discussion. An index and a glossary are included.

Suggested Use: History 20 - Unit 5; Social Studies 20 - Unit 1; Law 30 - Unit 1

16. **Human Sexuality** (Print-Non-Fiction). Stalcup, Brenda, Swisher, Karin L. and Leone, Bruno, eds. (Opposing Viewpoints Series). Greenhaven Press, 1995. 258 p. ISBN 1-56510-246-0 hdc., ISBN 1-56510-245-2 pbk.

This teacher resource is part of a series designed to help readers become more intelligent and discriminating consumers of information. The varied opinions examine many different aspects of a single issue. The issues presented are both complex and sensitive. Topics covered include: "What Is the Purpose of Sex?", "What Sexual Norms Should Society Uphold?", "How Are Gender and Sexual Orientation Determined?", "What Constitutes Normal Sexual Behavior?" and "How Is Society's View of Human Sexuality Changing?"

Included are a table of contents, a bibliography of books and an index.

Suggested Use: Psychology 20 - Acting and Interacting in a Social World

Other Use: Life Transitions 20/30

17. **K. D. Lang: Carrying the Torch** (Print-Non-Fiction). Robertson, William. (Canadian Biography Series). ECW Press, 1992. 112 p. ISBN 1-55022-158-2.

(CAN) In a biographical format, the author provides information on this famous Canadian singer's childhood, her experiences at Red Deer College, and the making of her first five albums and her first film. It also addresses lang's struggle to avoid being narrowly categorized by the music industry and to speak out for causes in which she believes. It offers information on her transition from country music to easy listening jazz and her acknowledgement of her sexual orientation. The text is interspersed with several black and white photographs. Included are a table of contents, a chronology, a list of illustrations, and a list of references, but there is no index.

Suggested Use: Arts Education - Grade 10; Grade 11; Grade 12; Music

18. **Long and Winding Road: Adolescents and Youth in Canada Today** (Print-Non-Fiction). Tyyskä, Vappu. Canadian Scholars Press, 2001. 261 p. ISBN 1-55130-194-6.

(CAN) The stereotype of adolescents as a semiliterate group prone to destructive or antisocial behaviour occurs quite often. The author uses the latest research and findings to dispel this stereotype and present a true picture of youth in Canada today. Topics such as gender and learning, youth in the labour market, leaving home, sexual orientation, raves and hate groups are covered in short sections. The reading level is not aimed at students, but teachers will find the information and statistics very useful as a motivational set.

The expanded table of contents provides easy access to the topics.

Suggested Use: Psychology 20 - Acting and Interacting in a Social World; Psychology 30 - Adolescence; Teacher Reference

19. **No Signature** (Print-Fiction). Bell, William. Seal Books, 1995. 167 p. ISBN 0-770-42706-5.

(CAN) Ten years after last seeing his father, Wick receives a postcard stamped with only the word DAD. Although Wick feels that the impersonal stamp symbolizes his father's indifference, its appearance precipitates a search for a father whom Wick barely remembers. Wick is shocked to discover that his father's continued attempts to maintain contact have been thwarted by his mother. Wick also learns that, although his father has obviously cultured musical tastes, his inability to read has cost him his marriage and access to his son, and has required his father to find ingenious strategies for surviving in a literate world. And when Wick's homosexual friend commits suicide, it is Wick's father who provides the wisdom and support to comfort the adolescent. This is an easily read resource suitable for mature readers.

Suggested Use: English Language Arts - Grade 9

20. **Rebel, Rogue, Mischievous Babe: Stories About Being a Powerful Girl** (Print-Non-Fiction). Azam, Sharlene. HarperCollins Canada Ltd., 2001. 272 p. ISBN 0-00-638604-0.

(CAN) This excellent resource examines several issues that young women face (e.g., body image, sexuality, violence) and uncovers the myths that teens are asked to believe. In addition, there are over 50 personal essays by girls and young women from across Canada. The short articles would be very useful as discussion openers for journal response. Careful screening of this resource is essential to ensure that it meets with community standards.

Suggested Use: Psychology 20 - Making Sense of Our World, Who Am I?
Psychology 30 - Adolescence

Other Use: Life Transitions 20/30

Initiative: Gender Equity

21. **Sexual Values** (Print-Non-Fiction). Cozic, Charles P., ed. (*Opposing Viewpoints Series*). Greenhaven Press, 1995. 286 p. ISBN 1-56510-211-8 (\$42.60 hdc.). ISBN 1-56510-210-X.

The intent of this teacher resource is to help readers become more intelligent and discriminating consumers of information. It uses magazines, journals, books, newspapers, statements and position papers from a wide range of individuals and organizations. Teacher guided discussion activities are designed to help students develop basic reading and thinking skills. The purpose of this series is to present balanced, often difficult-to-find viewpoints on complex and sensitive issues.

This anthology of opposing viewpoints attempts to deal with important areas in its inquiry into today's values. The topics include "Is Sex Eroding Moral Values?," "How Should Society Regard Gays and Lesbians?," "Is Pornography Harmful?," "What Sexual Values Should Children Learn?" and "Is Sexual Behavior Changing in America?" This book requires that the reader have a relatively broad knowledge base before studying it. A bibliography of periodical articles follows each chapter. A bibliography, a list of organizations to contact and an index are included.

Suggested Use: Life Transition 20/30 Human Sexuality; Teacher Reference

22. **Straight Talk About Today's Families** (Print-Non-Fiction). Presma, Frances and Edelson, Paula. Facts On File, Inc., 1999. 136 p. ISBN 0-8160-3905-4.

The family structure has changed dramatically over the last few years, and this resource provides excellent background information to help students understand the changes that have occurred. The book is specifically aimed at teenagers who are living in a non-traditional family arrangement. It provides very practical advice on the benefits and problems that may exist. An index is included.

Suggested Use: Psychology 20 - Acting and Interacting in a Social World Psychology 30 - Adolescence

Other Use: Life Transitions 20/30

23. **Stitches** (Print-Fiction). Huser, Glen. Groundwood Books, 2003. 198 p. ISBN 0-88899-553-9 hdc., ISBN 0-88899-578-4 pbk.

(CAN) Travis lives with his aunt and uncle in a trailer court while his mother, a country-and-western singer, travels. Travis loves to sew, and he is often bullied because he is different. Junior High is better than Elementary Level School for Travis and his best friend, a physically challenged girl named Chantelle, because they are encouraged by two teachers to accept new challenges that foster their creativity. The bullying, however, reaches a deplorable level. A winner of the Governor General's Award, this moving story addresses issues relevant to many young students.

Suggested Use: English Language Arts - Grade 8; Grade 9; Personal and Philosophical Context

Other Use: Health Education: Middle Level
Initiative: Abilities Awareness

24. **Struggle to Be Strong: True Stories by Teens About Overcoming Tough Times** (Print-Non-Fiction). Desetta, Al and Wolin, Sybil, eds. Free Spirit Publishing, Inc., 2000. 179 p. ISBN 1-57542-079-1.

In this collection of first-person accounts, several teens discuss the problems that they have faced and overcome using resilience. The problems range from abuse and AIDS to dating, depression, sexuality and body image. Each of the stories is short, easy to read and contains questions for further reflection at the end. An index and a glossary are included.

Suggested Use: Psychology 20 - Acting and Interacting in a Social World;
Psychology 30 – Adolescence
Other Use: Life Transitions 20/30

25. **Teen Suicide** (Print-Non-Fiction). Roleff, Tamara L., ed. (At Issue Series). Greenhaven Press, 2000. 108 p. ISBN 0-7377-0327-X.

In this anthology, several authors have contributed articles and viewpoints connected to the issue of teen suicide. Not only will students get an excellent grounding in the issue, but the book also encourages critical thinking skills. Most of the articles examine the causes of teen suicide. Conflicting viewpoints are given on whether homosexuality, guns, substance abuse or heavy metal music are contributing factors. Each of the short articles is well researched and documented. An index is included.

Suggested Use: Psychology 20 - Acting and Interacting in a Social World;
Psychology 30 – Adolescence
Other Use: Life Transitions 20/30

26. **Thunder Through My Veins: Memories of a Métis Childhood** (Print-Non-Fiction). Scofield, Gregory. HarperCollins Canada Ltd., 1999. 203 p. ISBN 0-00-200025-3.

(CAN) Gregory Scofield searches for his roots in a healing process that has him emerge as an adult man who can accept his past as one that was marked by constant loss. His childhood included poverty, an alcoholic mother, a mean stepfather and stays in numerous foster and group homes. Scofield expresses his rage, hurt and despair at the stereotypes, racism and homophobia that exists in the world while resisting the labels of being "a young, angry, gay Métis poet." In the end, Scofield makes his desired peace with the little boy within: "I gathered the words, the picture of the Iron Soldier, the boy and his mother and put them in the basket of my heart."

Teachers should note that this book contains harsh language and sensitive issues. It is advisable to check with local school division policy before using this resource.

Suggested Use: English Language Arts A30; Aboriginal Voices; Canada - Diverse Voices

Other Use: Canadian Studies

Initiative: Aboriginal Content and Perspectives

27. **You Hear Me?: Poems and Writings by Teenage Boys** (Print-Anthology). Franco, Betsy, ed. Candlewick Press, 2000. 107 p. ISBN 0-7636-1158-1.

In their own frank, explicit words, teens speak about love, anger, sex, conformity, drugs, family, loneliness and being gay in writing that ranges from free-verse poetry to brief prose. The hopes, dreams, fears and desires of young men from different cultures and backgrounds shine through in selections that are openly honest, raw and sometimes tender. The book provides a good model for writing-especially for sometimes-reluctant writers.

Please note that some of the writing in this anthology contains sensitive material. Teachers should preview the selections and consult their school division policy before using this resource.

Suggested Use: English Language Arts 20; Creative Writing 20; Poetry

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