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# Cosmetology 10, 20, 30

## Titles and Descriptions

**Adding It Up: Math for Your Cosmetology Career** (Print-Non-Fiction). Dunlap, Kathi A. Delmar Publications (NPT), 1992. 201 p. ISBN 1-56253-062-3 (\$47.99 pbk.).

For students who need to improve their math skills, this hands-on resource will be a valued addition. It is aimed at presenting the math skills that are needed to be a successful cosmetologist or salon manager. The logical format begins with basic math skills and then applies them to cosmetology using topics such as measurement, time management and business finance. For example, the chapter on ratios and proportions can be applied to the mixing of solutions, and lessons on the geometry of angles can be used when cutting hair. An answer key is provided.

**Suggested Use:** Salon Housekeeping/Management; Survey Course - Secondary Level; Teacher Reference

**The Art and Science of Professional Makeup** (Print-Non-Fiction). Place, Stan Campbell. Milady Publishing Inc. (NPT), 1989. 298 p. ISBN 0-87350-361-9 (\$54.99 hdc.).

This comprehensive text looks at all aspects of makeup. It includes sections on career options, human relations, the chemistry of cosmetics and skin, understanding light and colour techniques and business management skills. The colourful illustrations and layout take the students step-by-step through many procedures. There is a good mix of theory and practical applications. Each chapter has review questions at the end. An index and a glossary are included.

**Suggested Use:** Make-up Application; Survey Course - Middle Level; Survey Course - Secondary Level; Teacher Reference

**Beauty: The New Basics** (Print-Non-Fiction). Berg, Rona and Kroencke, Anja,

illus. Workman Publishing, Co. (ALL), 2001. 404 p. ISBN 0-7611-0186-1 (\$31.95 pbk.).

This book attempts to cut through the hype of the beauty industry to present the basic facts. Through this approach, students will be able to become informed consumers who are knowledgeable about the skills needed in the industry. The information is broken down into several easily understood sections related to skin, hair and body care. Each subsection presents practical information in an easy-to-read format that is well illustrated and at times humorous. Colour photographs, drawings and charts are used throughout the book. This is an excellent resource for student and teacher use. An index and a glossary are included.

**Suggested Use:** Foot Care/Pedicure; Hair Styling/Treatment/Care; Make-up Application; Skin Care

**Blueprint for Life/Work Designs. Rev. ed.** (Print-Non-Fiction). Redekopp, Dave. The National Life/Work Centre (NLW), 2000. unp. No order number is required. (\$25.00 binder).

(CAN) This resource addresses the need for high-quality career development programs for youth by providing specific guidelines that list competencies considered important to develop throughout one's life/work building process. The competencies cover the areas of personal management, learning and work exploration and life/work building. Indicators that describe more specific outcomes in terms of knowledge, skills and attitudes are also provided. *Blueprint* provides a theoretical framework for the work study and career modules in all practical and applied arts courses.

In addition to this package, there is *Blueprint for Life/Work Designs: The Quick Reference Guide*. This information is also accessible through a website at the following address: <http://www.blueprint4life.ca>.

**Suggested Use:** Career Development; Work Study; Teacher Reference

**Other Use:** All PAA Curricula  
**Careers in Cosmetology. 1st ed.** (Print-Non-Fiction). Lytle, Elizabeth Stewart. (Careers Series). Rosen Publishing Group (SBC), 1999. 121 p. ISBN 0-8239-2889-6 (\$32.35 hdc.).

This resource outlines and describes possible career choices within the beauty industry. Because it is an American resource, its usefulness for Canadian students is limited to general areas such as deciding about becoming a cosmetologist, the career possibilities and case studies of people at work in the various fields of cosmetology. The information provided on choosing a school, licensing and wages differs in Canada. An index and a glossary are included.

**Suggested Use:** Career Development; Survey Course - Secondary Level

**Careers Series** (Print-Non-Fiction). Please refer to the title: *Careers in Cosmetology*.

**Choosing a Career in Cosmetology. 1st ed.** (Print-Non-Fiction). Strazzabosco, Jeanne M. (The World of Work Series). Rosen Publishing Group (SBC), 1997. 64 p. ISBN 0-8239-2279-0 (\$30.65 hdc.).

Written at an introductory level, this book may assist students who are considering a career in cosmetology. Because the book is American, students will have to supplement the information with Canadian sources. This will be necessary for the areas of training, licensing and examinations. The section on career possibilities and deciding if cosmetology is the right career choice is universal in its application. The book is illustrated, and has an index and a glossary.

**Suggested Use:** Career Development; Survey Course - Middle Level

**The Complete Book of Hairstyling** (Print-Non-Fiction). Worthington, Charles. Firefly Books Ltd. (FIR), 2002. 304 p. ISBN 1-55297-576-2 (\$17.96 pbk.).

(CAN) As a supplementary resource, this title has value as both a teacher and student resource. Clear directions for achieving a wide variety of hairstyles for various occasions are supported with excellent photographs and diagrams. The book also addresses several issues that students typically raise about hair care and hair care myths.

**Suggested Use:** Hair Styling/Treatment/

**Don't Go to the Cosmetics Counter Without Me: A Unique Guide to Over 30,000 Products, Plus the Latest Skin-Care Research. 5th ed.** (Print-Non-Fiction). Begoun, Paula. Beginning Press (RAI), 2001. 1083 p. ISBN 1-877988-28-6 (\$32.95 pbk.).

As skin care becomes a bigger industry each year, it is important for students to become knowledgeable consumers. This book reviews numerous products from A to Z. There is no index, but the table of contents will quickly lead users to the proper review of the products that interest them. The reviews of individual products are listed under the company that produces them. Following an overview of the company, each product has a short description and a product rating of good, poor or average. In addition to the product reviews, there is updated information on skin care, the best products, a personalized beauty guide and reviews of men's and baby's skin-care products.

**Suggested Use:** Skin Care

**Don't Risk Your Life** (Video). Saskatchewan Labour (**MGR**), 2003. 15 min. Dup. order no. V2238. Teacher's Guide - Order no. G2238 (\$FREE booklet).

(SK) Effective case studies are used to reinforce the importance of safety in the workplace. The stories of several Saskatchewan young people, who have been injured or killed on the job, are an effective backdrop to the rights and responsibilities students have in the workplace. Each case study has been re-enacted and includes interviews with the students who were injured or the parents of the young workers who died.

This video was distributed to all Middle and Secondary Level schools in September 2003. It was also distributed to participants of the *Ready for Work* workshops. Additional copies can be obtained from Media Group.

**Suggested Use:** Safety

**Other Use:** All PAA Curricula

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**Dying to Work** (Video). (W5 Series). CTV Television Network Ltd. (MGR), 2000. 19 min. Dup. order no. V638.

(CAN) As more and more young people start their first jobs, the rate of accidents and deaths is rapidly rising. This program features interviews with the parents of several teens who were killed or seriously injured shortly after starting their jobs. The need to ask questions related to safety before starting a job is stressed as are the rights and responsibilities of the employer and the employee. This is an effective video that reinforces a strong safety message.

**Suggested Use:** Safety

**Other Use:** All PAA Curricula

**Employability Skills Toolkit for the Self-Managing Learner** (Print-Non-Fiction). The Conference Board of Canada (MHR), 2000. ISBN 0-07-087847-1 (\$79.95 binder).

(CAN) The five modules within this practical resource are designed to help students develop and use the skills they need to enter into and progress within the world of work. The modules include information on knowing yourself, identifying and reflecting upon personal skills as well as practising and marketing these skills. The step-by-step layout and the use of charts make this resource very user friendly.

Background information on the *Toolkit* can be obtained online at <http://www.conferenceboard.ca/education/learning-tools/toolkit.htm>.

**Suggested Use:** Career Development; Work Study

**Other Use:** All PAA Curricula

### **Essential Skills/Compétences**

**Essentielles: Skills for Life, Learning and Work** (CD-ROM). Human Resources Development Canada (NAD), 2000. No order number is required. (\$10.00).

(CAN) Developed by Human Resources Development Canada, this resource can provide some excellent answers to students who are wondering about future careers and the skills they will need. Skills such as reading, writing, numeracy, oral communication, thinking, problem solving, working with others and computer use are all connected to 170 different occupations.

Students can look up a particular career/occupation and see how each of the skills fits in, or they can look up the skill and receive a list of all the occupations that would make use of that skill. For example, if problem solving is entered as a skill it will list occupations such as mechanics, cosmetologists and carpenters. The program will then give examples of the types of problem solving that take place in each of these occupations. Students can then compare their skill levels with those that are needed on the job. Links to websites for further information are also provided.

Human Resources Development Canada's website at <http://www15.hrdc-drhc.gc.ca/english/es.asp> provides further information.

**Suggested Use:** Career Development; Work Study; Teacher Reference

**Other Use:** All PAA Curricula

**The Essentials of Fire Fighting Series** (Video). Please refer to the title: *Portable Extinguishers*.

**Face Forward. 1st ed.** (Print-Non-Fiction). Aucoin, Kevyn. Little, Brown and Co. (FEN), 2000. 175 p. ISBN 0-316-28644-3 (\$46.95 hdc.).

Similar to the author's earlier work, *Making Faces*, this title also uses pictures of the rich and famous to illustrate several key elements about make-up. The colour photographs used in the book allow students to see how experimenting with colour during make-up application can affect the results significantly. Students can follow the step-by-step instructions to achieve a similar look. The book also does an excellent job of showing the styles of make-up that were popular during historical times. These range from Cleopatra to Marlene Dietrich and Twiggy. The techniques used to recreate these looks today are laid out in a logical sequence. This is an excellent resource to inspire students to learn the skills of make-up.

**Suggested Use:** Make-up Application

**Guide for New Workers** (Print-Non-Fiction). (Ready for Work Series). Saskatchewan Labour (SAL), 2001. 247 p.

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No order number is required. (\$FREE spiral-bound).

(SK) Published by Saskatchewan Labour and distributed to all high schools in 2001, this resource offers very practical information for students in the practical and applied arts courses. Some of the topics covered include applying for a job, employment equity, exploring careers, interviews, pay, rights and responsibilities, safety on-the-job and unions. As part of the *Ready for Work Series*, this book focuses on helping new workers make a successful transition to work.

**Suggested Use:** Career Development; Work Study

**Other Use:** All PAA Curricula

**Guide for New Workers: Counsellor/Classroom Edition** (Print-Non-Fiction). (Ready for Work Series). Saskatchewan Labour (SAL), 2002. 142 p. No order number is required. (\$FREE loose-leaf).

(SK) Based upon the *Guide for New Workers* student handbook, this resource provides teachers with excellent suggestions on how to create an awareness of work realities. New sections that do not exist in the student handbook have been added. These include topics on bullying, pertinent websites, legislation and relevant services. The format allows for photocopying in whole or in part for instructional use.

**Suggested Use:** Career Development; Work Study; Teacher Reference

**Other Use:** All PAA Curricula

**Haircoloring in Plain English** (Print-Non-Fiction). Warren, Roxy A. Milady Publishing Inc. (NPT), 1999. 191 p. ISBN 1-56253-357-6 (\$59.99 pbk.).

This comprehensive guide can be an excellent reference for the beginner or the expert. There are sections on colour theory, formulation, application, corrective hair colouring and management. Within each section are several chapters that look at various procedures in detail. The use of colour photographs and drawings helps to illustrate the various processes being examined. A combined glossary/index is included.

**Suggested Use:** Hair Colouring

**High School to Apprenticeship: A Link to the Future 2003: Handbook for High School Administrators and Guidance Counsellors** (Print-Non-Fiction).

Saskatchewan Apprenticeship & Trade Certification Commission (SATC), 2003. 126 p. No order number is required. (\$FREE pbk.).

(SK) This booklet provides an overview of the apprenticeship program in Saskatchewan and the connection it has to several high school programs. It is an essential resource for teachers who may have students who are preparing for a career in a designated trade. Each of the designated trades in Saskatchewan is listed and details are given about entrance requirements and training.

This evaluation was based on the 2003 edition. Please contact Saskatchewan Apprenticeship and Trade Certification for the latest information.

**Suggested Use:** Career Development; Work Study

**Other Use:** All PAA Curricula

**Making Faces. 1st pbk. ed.** (Print-Non-Fiction). Aucoin, Kevyn. Little, Brown and Co. (FEN), 1997. 159 p. ISBN 0-316-28685-0 (\$27.95 pbk.).

The glamorous photographs of celebrities, each illustrating a particular aspect of makeup, add to the appeal of this book. Each two-page spread contains a coloured glamour photo and instructions on how to obtain the look illustrated. The instructions are easy to follow as they contain step-by-step drawings. Some of the areas covered include facial structure, shading, brows, eyes, blush and foundation powder. In the "Great Looks" section, students can get ideas on how to create various images such as flapper, siren, diva, purist and the minimalist.

**Suggested Use:** Make-up Application; Survey Course - Middle Level; Survey Course - Secondary Level

**Milady's Art & Science of Nail Technology. 2nd ed.** (Print-Non-Fiction).

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Milady Publishing Inc. (NPT), 1997. 266 p. ISBN 1-56253-326-6 (\$65.99 pbk.).

In 18 chapters, this well-illustrated text discusses all aspects of nail care. The "Getting Started" section covers professionalism, health and safety. The "Science of Nail Technology" section looks at areas such as nail product chemistry, anatomy, nail disorders and the skin. The section on "Procedures" covers manicures and pedicures, while the last two sections look at "The Art of Nail Technology" and "The Business of Nail Technology." Each chapter ends with several review questions and the answers are at the back of the book. A combined glossary and an index are included.

**Suggested Use:** Nail Care; Survey Course - Middle Level; Survey Course - Secondary Level

**Milady's Skin Care and Cosmetic Ingredients Dictionary. 2nd ed.** (Print-Non-Fiction). Michalun, Natalia and Michalun, M. Varinia. Milady Publishing Inc. (NPT), 2001. 294 p. ISBN 1-56253-660-5 (\$55.99 pbk.).

This ready reference opens with a good overview to skin physiology, skin conditions and product penetration. The bulk of the book presents an A-to-Z list of over 2000 ingredients that are commonly found in skin care and cosmetic products. Each ingredient has a brief description of what it is useful for, where it originates from and any possible side effects that may occur. An appendix is included that lists the botanical Latin names and connects them to the common terms used.

**Suggested Use:** Skin Care; Teacher Reference

**Milady's Standard Cosmetology** (Print-Non-Fiction). Alpert, Arlene, et al. Milady Publishing Inc. (NPT), 2004. 956 p. Text and State Exam Review - ISBN 1-401-81260-0 (\$75.99 hdc.).

This impressive resource covers virtually all aspects of the cosmetology curriculum. Areas that are covered in depth include work-study skills, the science behind cosmetology, hair care, skin and nail care and the business

of cosmetology. The colourful illustrations and photographs clarify the procedures being discussed. Each chapter starts with a list of learning objectives and closes with review questions. An index and a glossary are included.

The *Milady's Standard Cosmetology Exam Review* accompanies the book.

Please note that this revised edition replaces *Milady's Standard Textbook of Cosmetology*.  
**Suggested Use:** General

**Milady's Standard Hair Coloring Manual and Activities Book: A Level System Approach** (Print-Non-Fiction). Rangl, Deb. Milady Publishing Inc. (NPT), 1998. 184 p. ISBN 1-56253-356-8 (\$41.99 pbk.).

This book is intended to complement and provide additional information to the coverage given to haircolouring in *Milady's Standard Cosmetology*. The activities provided will allow students to become comfortable with using varying techniques to suit each client. Information is given on what the level system is, background to colour and tinting, corrective haircolouring, methods of application and colouring technique. Each chapter offers objectives and activities to reinforce the identified objectives. A glossary is included.

**Suggested Use:** Hair Colouring

**Milady's Standard Textbook for Professional Estheticians. 8th ed.** (Print-Non-Fiction). Gerson, Joel. Milady Publishing Inc. (NPT), 1999. 600 p. Text and State Exam Review - ISBN 1-56253-359-2 (\$93.99 pbk.).

This is a revised edition of the 1986 *Standard Textbook for Professional Estheticians*. Each chapter of this comprehensive text goes into great detail on various aspects related to skin care. Learning objectives coupled with an introduction start each chapter. Questions for discussion and review finalize each chapter. The colourful illustrations and diagrams will help students understand the various procedures discussed. Some of the many areas covered include historical overview, bacteriology, physiology, chemistry, client relations, massage, facial treatments,

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aromatherapy, makeup and salon management.

*Milady's Standard State Exam Review for Professional Estheticians* accompanies the textbook. This booklet contains a bank of multiple choice questions for each chapter, plus the answers.

**Suggested Use:** Skin Care

**Milady's Standard Textbook of Professional Barber-Styling. Rev. ed.** (Print-Non-Fiction). Scali, Maura T. Milady Publishing Inc. (NPT), 1999. 684 p. ISBN 1-56253-366-5 (\$81.99 hdc.).

This resource offers a very complete examination of all areas related to men's barber-styling. The expanded table of contents guides the users to exactly the area they may need. Each of the 24 chapters is broken down into several subsections. Some of the topics included are safety, equipment, medical background, cutting, styling, waving, colouring, hairpieces, careers and management. Each chapter begins with several learning objectives and concludes with review questions. Black-and-white drawings are used throughout the text. An index is included.

**Suggested Use:** General; Men's Beard and Mustache Trim

**More Up-Do's Made Easy** (Video). Milady Publishing Inc. (NPT), 1995. 60 min. ISBN 1-56253-379-7 (\$56.99).

This video focuses on simple ways of creating fullness in long hair designs. The step-by-step instructions guide the students through six completed up-do's. Styles shown include the Bowtie, three different ways of creating fullness in the front, looping techniques for fullness on top and looping to create fullness on the sides.

**Suggested Use:** Hair Styling/Treatment/Care

**Moving Online...More Ready for Work Resources** (CD-ROM). Saskatchewan Labour - Prevention Services Branch (SWL), 2003. No order number is required. (\$FREE).

(SK) This CD contains a wealth of resources - electronic quizzes, PowerPoint presentations,

learning activities, checklists and guides - that supplement the *Ready for Work* resource binder. By using this resource, teachers can provide students with important information about health, safety and labour standards that will help them make a positive transition from school to work. The program is designed to work with Windows 95 or higher and Internet Explorer.

The CD will be part of the *Ready for Work* binder as of September 2003. Individual copies are available from Saskatchewan Labour.

**Suggested Use:** Safety; Work Study

**Other Use:** All PAA Curricula

**Natural Hair Care and Braiding** (Print-Non-Fiction). Bailey, Diane Carol. Milady Publishing Inc. (NPT), 1998. 264 p. ISBN 1-56253-316-9 (\$53.99 pbk.).

With an emphasis on the care of Afro-American hair, this handbook introduces the technical skills students will need to braid hair chemical-free. Approximately half of the book gives background information on sanitation, history, client relations, different hair types and physiology. The section on techniques provides an illustrated step-by-step guide to achieving certain looks such as pixie braids, nubian coils, geni-locs and diva crimps.

**Suggested Use:** Hair Styling/Treatment/Care

**101 Salon Promotions** (Print-Non-Fiction). Oppenheim, Robert. Milady Publishing Inc. (NPT), 1999. 237 p. ISBN 1-56253-358-4 (\$44.99 pbk.).

Intended for a salon owner, this resource provides some excellent insight into what it takes to manage and run a beauty salon. The promotional ideas are presented in a very concise and easy-to-follow format. Whatever the season or event, there are practical ideas to increase services that will keep clients coming back.

**Suggested Use:** Salon Housekeeping/Management

**Portable Extinguishers** (Video). (The Essentials of Fire Fighting Series). Action Training Systems (ATR), 1993. 18 min. Order no. VE107 (\$140.00 U.S.).

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This program presents the different types of fire extinguishers and how to use them correctly. It examines the rating system for extinguishers, shows the operating instructions for portable extinguishers, describes the types and use of hand-held extinguishers, and demonstrates inspection techniques.

**Suggested Use:** Safety

**Other Use:** Agriculture Studies; Autobody; Commercial Cooking; Construction and Carpentry; Driver Education; Electrical and Electronics; Energy and Mines; Forestry Studies; Horticulture; Machining; Mechanical and Automotive; Theatre Arts; Upholstery; Welding

**Professional by Choice: Milady's Career Development Guide** (Print-Non-Fiction). Harper, Victoria. Milady Publishing Inc. (NPT), 1994. 143 p. ISBN 1-56253-148-4 (\$41.99 pbk.).

This book focuses on the career options, planning and strategies for success in the area of cosmetology. While the first four chapters look at the skills needed to find a job and what type of career options exist, the majority of the book deals with how to become and remain successful in the field. Personal and social skills are stressed, as are issues such as continuing education, tools of the trade and retailing products. The book is from the United States, but much of the information is practical and applicable in Canada as well. The layout and illustrations will make the book appealing to students. An index is included.

**Suggested Use:** Career Development

**The Professional Model's Handbook: A Comprehensive Guide to Modeling and Related Fields** (Print-Non-Fiction). Balhorn, Linda A. Milady Publishing Inc. (NPT), 1990. 493 p. ISBN 0-87350-376-7 (\$64.99 pbk.).

Although somewhat dated, this resource can be useful if a class is entering or preparing for competitions. The emphasis of the book is on how to develop a look that will lend itself to a modelling career. Chapters on skin care, makeup and hair care identify key elements that are essential to a successful career. Set

in the context of breaking into the modelling business, the cosmetology elements take on a very practical approach. Line drawings and photographs are used to illustrate key points throughout the text. An index and a glossary are included.

**Suggested Use:** Career Development; Hair Styling/Treatment/Care; Make-up Application; Skin Care

**Ready for Work** (Kit). Saskatchewan Labour, Labour Standards Branch (SAL), 1999. No order number is required. (\$FREE).

(SK) Produced by Saskatchewan Labour, this comprehensive binder of excellent resources provides background information on virtually all areas of safety. The central concept in the package is that young people need more than a job to be ready for work. They need to know their rights and responsibilities. They also need to know about health, safety and fairness in the workplace. The entire *Ready for Work* program consists of up to 25 hours of interactive, in-class materials. Some of the sections include occupational health and safety, hazardous materials, recognizing hazards, labour standards for young workers and rights and responsibilities.

Saskatchewan Labour's websites at [www.readyforwork.sk.ca](http://www.readyforwork.sk.ca) and [www.labour.gov.sk.ca](http://www.labour.gov.sk.ca) provide more information about other support material that goes with the package, including videos and a CD-ROM.

The entire *Ready for Work* binder is available through a Saskatchewan Teachers' Federation workshop. Individual components can be requested through Saskatchewan Labour.

**Suggested Use:** Safety; Work Study

**Other Use:** All PAA Curricula

**Ready for Work Series** (Print-Non-Fiction). Please refer to the titles: *Guide for New Workers* and *Guide for New Workers: Counsellor/Classroom Edition*.

**Safety and Health in the Salon Training System** (Video). Nelson, Dennis. Milady

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Publishing Inc. (NPT), 2001. 37 min. ISBN 1-56253-709-1 (\$189.99).

All areas of safety within a beauty salon are dealt with in this video. The safety aspects of day-to-day practical work are examined as are the precautions needed while working with chemicals. The ergonomics of a safe salon are discussed and details are given about what to do should an accident occur.

The facilitator's guide provides more detailed information using drawings, charts, tables and photographs to supplement the data. Each chapter includes learning objectives, key terms, activities, a review and questions. An index is provided.

**Suggested Use:** Safety

**Safety Care Series** (Video). Please refer to the title: *Understanding Hazards and Risks*.

**Safety Care Series** (Video). Safetycare Inc. (SCI). No order number is required. (\$180.00).

Recommended titles in this series include the following:

<i>Eye Safety</i>	(1989, 10 min.)
<i>Foot Safety</i>	(1990, 13 min.)
<i>Hand Safety</i>	(1989, 13 min.)

These videos take a specialized look at the hazards that exist for the eye, hand and foot. In addition to discussing the hazards that can result in injuries, each of the videos also discusses the control measures necessary to reduce these injuries.

Although they have been produced for use by companies, these programs are of value in the classroom situation.

**Suggested Use:** Safety

**Other Use:** Autobody; Commercial Cooking; Construction and Carpentry; Electrical and Electronics; Energy and Mines; Horticulture; Machining; Mechanical and Automotive; Upholstery; Welding

**SalonOvations' Cosmetology Dictionary** (Print-Non-Fiction). Gately, Linda Athey, ed. Milady Publishing Inc. (NPT), 1996. 506 p. ISBN 1-56253-214-6 (\$23.99 pbk.).

In a user friendly format, an A-to-Z coverage is given of all terms in the cosmetology field. Areas covered include barber-styling, esthetics, hair structure and chemistry, nail technology, massage therapy and professional skills. The latest key words and phrases, as of 1996, are also given. The definitions are short (one-to-four lines), and there is also a "sounds-like" format for each term.

**Suggested Use:** General; Survey Course - Middle Level; Survey Course - Secondary Level; Teacher Reference

**SalonOvations' Nail Q & A Book** (Print-Non-Fiction). Peters, Vicki. Milady Publishing Inc. (NPT), 1996. 208 p. ISBN 1-56253-266-9 (\$37.99 pbk.).

With over 500 questions, this book is sure to supply the answers to almost anything related to nails and manicures. There is information on business practices for salons, safety and health and the technical side such as filing, primers, nail wraps, fill-ins and electric files. Laid out in a question-and-answer format, the table of contents and index will make it easy to locate the information students are seeking.

**Suggested Use:** Nail Care; Survey Course - Middle Level; Survey Course - Secondary Level

**SalonOvations' Picture This... Your Image in Print** (Print-Non-Fiction). Wurdinger, Victoria. Milady Publishing Inc. (NPT), 1996. 157 p. ISBN 1-56253-317-7 (\$44.99 pbk.).

To prepare for competitions or to promote a salon's image, it is essential to use photo shoots that are done properly. This resource provides excellent background to all aspects of doing a photo shoot to achieve professional results. Topics covered include selecting an image, the major components of an image, creating a team, preplanning the shoot, on-set tips and using your photos effectively. The information is very practical with sample checklists and forms included. Colour photographs are used to illustrate some of the finished products. An index is included.

**Suggested Use:** Salon Housekeeping/Management; Teacher Reference

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**Skin Care: Beyond the Basics** (Print-Non-Fiction). Lees, Mark. Milady Publishing Inc. (NPT), 2001. 352 p. ISBN 1-56253-625-7 (\$79.99 pbk.).

This comprehensive, new edition of *Skin Care: Beyond the Basics* covers topics such as physiology of the skin, acne, aging skin, skin care products and the effects of AIDS and allergies on the skin. A full-colour photo section provides vivid examples of the diseases that are discussed, as well as the treatments used. The expanded table of contents provides easy access to the many subsections in this user friendly resource. An index is also provided.

**Suggested Use:** Skin Care; Teacher Reference

**Stage Makeup. 9th ed.** (Print-Non-Fiction). Corson, Richard and Glavan, James. Allyn & Bacon Canada (PRN), 2001. 428 p. ISBN 0-13-606153-2 (\$138.95 hdc.).

An in-depth description of the tools and techniques required for stage makeup, this manual provides detailed instructions regarding the basic principles of makeup application. Black-and-white photographs appear throughout the book, along with a 24-page insert of makeup and colour charts. Appendices offer a glossary of makeup materials, basic makeup requirements, chronological descriptions of fashions in makeup and hair and makeup colour tables. A table of contents and an index are included.

**Suggested Use:** Make-up Application

**Other Use:** Theatre Arts

**Step Into the World of Workplace Learning: A Collection of Authentic Workplace Materials** (Print-Non-Fiction). Lewe, Glenda and MacLeod, Carol D. Nelson Thomson Learning (NEL), 2001. 303 p. ISBN 0-17-608571-8 (\$39.95 binder).

(CAN) As the title indicates, this package is aimed at providing the classroom teacher with actual materials used in the workplace. Samples of newsletters, contracts, tables and graphs that are used in the workplace are provided so students will be able to acquire and enhance workplace competencies. In addition to workplace competencies, students

can also acquire knowledge of the occupations that use the documents, the essential skills that are needed in that job and a better idea of the norms of the world of work. The collection is not designed to be used directly by learners, but rather to help teachers develop learning activities. The occupations highlighted are real-world jobs that do not require university training.

This information is also accessible through a website at <http://www15.hrdc-drhc.gc.ca/awm/default.asp>.

**Suggested Use:** Career Development; Work Study; Teacher Reference

**Other Use:** All PAA Curricula

**28 Styles for Student Practice With Basic Cutting and Styling Guides. 2nd ed.** (Print-Non-Fiction). Young, Kenneth. Milady Publishing Inc. (NPT), 1992. 62 p. ISBN 1-56253-070-4 (\$30.99 pbk.).

Although dated, this resource is still useful as a basic cutting and styling guide. Each of the 28 styles has a two-page spread in which information is given about cutting and design techniques. Several illustrations and drawings help readers to visualize the procedures being presented.

**Suggested Use:** Hair Styling/Treatment/Care

**Understanding Hazards and Risks** (Video). (Safety Care Series). Safetycare Inc. (SCI), 2001. 16 min. No order number is required. (\$220.00).

This video provides a general discussion about safety in the workplace. The philosophy and the laws behind safety are examined. In addition to workplace safety, the concept of safety in society as a whole is addressed.

**Suggested Use:** Safety

**Other Use:** All PAA Curricula

**W5 Series** (Video). Please refer to the title: *Dying to Work*.

**WHMIS** (Video). Safetycare Inc. (SCI), 2001. 16 min. No order number is required. (\$220.00).

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This video presents an overview to Workplace Hazardous Materials Information System (WHMIS). The origins of WHMIS, the classes and types of controlled products and the symbols used to illustrate potential hazards are shown. Safe handling and storage of hazardous materials are stressed, as is recognizing the labels that are used.

**Suggested Use:** Safety

**Other Use:** All PAA Curricula

**The World of Work Series** (Print-Non-Fiction). Please refer to the title: *Choosing a Career in Cosmetology*.

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## Out of Print but Still Useful Resources

Please note that the following title is currently out of print, but may be found in school libraries.

**Helping Solve the Employment Puzzle: A Toolbox for Middle & Secondary Levels** (Print-Non-Fiction). SIAST Woodland Campus, 1998.

(SK) This resource is the result of a collaborative partnership involving Saskatchewan Education, SIAST Woodland Campus and Saskatchewan Labour. The objective of the resource is to provide assistance for teachers to incorporate employability skills into their curricula. The 24 activities that are included with the resource are adaptable to either the Middle or Secondary Level curricula. Some of the topics examined through the activities include realistic job expectations, being an on-the-job coach, group decision making, conflict of interest in the workplace, telephone etiquette, fair employment and customer service. Each activity is clearly explained with objectives, resources and step-by-step directions.

Although this resource is not currently available for order, it was previously distributed to junior and senior high schools in the province.

**Suggested Use:** Survey Course - Middle Level; Survey Course - Secondary Level; Work Study

**Other Use:** All PAA Curricula

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## Short List of Recommended Titles

The titles listed below represent a starting point to support Resource-based Learning in Cosmetology 10, 20, 30. Before choosing to purchase any resources it is advisable for educators to read the annotations in the bibliography and preview titles of interest to make selections that meet the needs of their particular school and community.

It is strongly recommended that teachers also access the Career and Work Exploration section of this bibliography for other recommended titles in the areas of career development and work-study. This document can be viewed online at [http://www.sasked.gov.sk.ca/curr\\_inst/iru/paabibs.html](http://www.sasked.gov.sk.ca/curr_inst/iru/paabibs.html) or <http://www.sasked.gov.sk.ca/docs/paa.html>.

These and other cosmetology resources can be ordered by using the distributor directory found at the end of this document. Prices quoted are subject to change, but will serve as a guide to approximate cost.

**Blueprint for Life/Work Designs. Rev. ed.** (Print-Non-Fiction). Redekopp, Dave. The National Life/Work Centre (NLW), 2000. unpaginated. No order number is required. (\$25.00 binder).

**Employability Skills Toolkit for the Self-Managing Learner** (Print-Non-Fiction). The Conference Board of Canada (MHR), 2000. ISBN 0-07-087847-1 (\$79.95 binder).

**Guide for New Workers** (Print-Non-Fiction). (Ready for Work Series). Saskatchewan Labour (SAL), 2001. 247 p. No order number is required. (\$FREE spiral-bound).

**Haircoloring in Plain English** (Print-Non-Fiction). Warren, Roxy A. Milady Publishing Inc. (NPT), 1999. 191 p. ISBN 1-56253-357-6 (\$59.99 pbk.).

**Making Faces. 1st pbk. ed.** (Print-Non-Fiction). Aucoin, Kevyn. Little, Brown and Co. (FEN), 1997. 159 p. 0-316-28685-0 (\$27.95 pbk.).

**Milady's Standard Cosmetology** (Print-Non-Fiction). Alpert, Arlene, et al. Milady Publishing Inc. (NPT), 2004. 956 p. Text and State Exam Review - ISBN 1-401-81260-0 (\$75.99 hdc.).

**Milady's Standard Textbook for Professional Estheticians. 8th ed.** (Print-Non-Fiction). Gerson, Joel. Milady Publishing Inc. (NPT), 1999. 600 p. Text and State Exam Review - ISBN 1-56253-359-2 (\$93.99 pbk.).

**Ready for Work** (Kit). Saskatchewan Labour, Labour Standards Branch (SAL), 1999. No order number is required. (\$FREE).

**28 Styles for Student Practice With Basic Cutting and Styling Guides. 2nd ed.** (Print-Non-Fiction). Young, Kenneth. Milady Publishing Inc. (NPT), 1992. 62 p. ISBN 1-56253-070-4 (\$30.99 pbk.).

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## Examples of Appropriate Internet Sites

If teachers are unsure about the reliability of the information found at a website, they should compare the author's claims and evidence with other sources with which they are familiar. When in doubt, teachers should choose only the sites that list the authors' and/or contributors' names along with the title. If the site does not identify contributors and authors, the information found at the site might not be reliable.

The following Internet sites provide a very brief overview of what is available. It is recommended that a careful screening and evaluation of each site be undertaken prior to using it. These sites were checked for availability on April 25, 2003.

Internet sites that have been formally evaluated and linked to curriculum objectives can be viewed by selecting the **Database of Websites** found on the **Evergreen Curriculum Resources** page at

[http://www.sasked.gov.sk.ca/docs/resources\\_main.html](http://www.sasked.gov.sk.ca/docs/resources_main.html)

*Authentic Workplace Materials*  
<http://www15.hrdc-drhc.gc.ca/awm/default.asp>

*BluePrint for Life/Work Designs*  
<http://www.blueprint4life.ca>

*Beauty on the Web*  
<http://www.cybeauty.com/>

*Career Awareness*  
<http://www.hrdc.gc.ca/career>

*Careers in Cosmetology*  
<http://votech.about.com/library/weekly/aa092200a.htm>

*Essential Skills: Skills for Life Learning and Work*  
<http://www15.hrdc-drhc.gc.ca/english/es.asp>

*Facial Shapes*  
<http://www.manestreethair.com/wig/advice.htm#2>

*Hair Boutique*  
<http://www.hairboutique.com/>

*Hair News Magazine*  
<http://www.hair-news.com/index.html>

*Haircare - Tips of All Sorts*  
<http://www.tipsofallsorts.com/hair.html>

*Hairdos.Com*  
<http://www.hairdos.com/nonflashintro.htm>

*Homemade Facial Scrubs and Masks*  
<http://www.allthatwomenwant.com/masks.htm>

*How Hair Colouring Works*  
<http://www.howstuffworks.com/hair-coloring.htm>

*Human Resources Development Canada*  
<http://www.hrdc.gc.ca/common/home.shtml>

*Kiwi Careers - Nail Technician*  
[http://www.careers.co.nz/jobs/14a\\_pcu/j80218a.htm](http://www.careers.co.nz/jobs/14a_pcu/j80218a.htm)

*Make Me Up Cosmetics*  
<http://www.emakemeup.com/main.html>

*Nail Gallery*  
<http://www.nailparts.com.au/nailgallery.html>

*National Life/Work Centre*  
<http://www.lifework.ca/home.htm>

*National Occupational Classification (NOC)*  
<http://www23.hrdc-drhc.gc.ca/>

*Ready for Work*  
<http://www.readyforwork.sk.ca>

*Salon Web*  
<http://www.salonweb.com>

*Saskatchewan Human Rights Commission*  
<http://www.gov.sk.ca/shrc/>

*Saskatchewan Labour*  
<http://www.labour.gov.sk.ca/>

*Saskatchewan Labour - Health and Safety Video Catalogue*  
<http://www.labour.gov.sk.ca/safety/video/>

*Saskatchewan Workers' Compensation Board*

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<http://www.wcbsask.com/>

*SaskNetWork Site*

<http://www.sasknetwork.gov.sk.ca>

*SaskWork Online Guide*

<http://www.saskworkguide.ca/default.cfm>

*Skin Care Links*

<http://beauty.about.com/cs/skincare1/index.htm>

*Skin-Information.com*

<http://www.skin-information.com/>

*Smart SkinCare.com*

<http://www.smartskincare.com/nutrition/nutrition.html>

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## **Titles Available From Media Group Educational Video Duplication Service**

2710 Millar Ave  
SASKATOON SK S7K 4J4  
(306) 933-4212  
Toll Free: 888-682-8808  
Fax: (306) 933-3183  
Toll-Free Fax: (877) 444-3354  
E-mail: [vidlib@mg.sk.ca](mailto:vidlib@mg.sk.ca)  
NETSITE: <http://www.sasked.gov.sk.ca/video>

Saskatchewan Learning's educational video programs are duplicated by Media Group, a full-service video production and post-production company in Saskatoon.

Many of the videos that support this curriculum can be obtained from Media Group for a nominal fee. Schools are responsible for postage, a duplication fee of \$1.00 per title, blank tapes and applicable taxes. Please consult your latest catalogue for the procedures to order these titles:

**Don't Risk Your Life** (Video).  
Saskatchewan Labour (**MGR**), 2003. 15 min.  
Dup. order no. V2238. Teacher's Guide -  
Order no. G2238 (\$FREE booklet).

**Dying to Work** (Video). (W5 Series). CTV  
Television Network Ltd. (**MGR**), 2000.  
19 min. Dup. order no. V638.

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## Index of Suggested Uses

Please note that the titles in this list are truncated. The complete titles appear in the citations for each resource.

### Career Development

Blueprint for Life/Work Designs  
Careers in Cosmetology  
Choosing a Career in Cosmetology  
Employability Skills Toolkit for the Self  
Essential Skills/Compétences Essentielles  
Guide for New Workers  
Guide for New Workers: Counsellor  
High School to Apprenticeship: A Link to Professional by Choice: Milady's Career  
The Professional Model's Handbook  
Step Into the World of Workplace Learning

### Foot Care/Pedicure

Beauty: The New Basics

### General

Milady's Standard Cosmetology  
Milady's Standard Textbook of  
SalonOvations' Cosmetology Dictionary

### Hair Colouring

Haircoloring in Plain English  
Milady's Standard Hair Coloring Manual

### Hair Styling/Treatment/Care

Beauty: The New Basics  
The Complete Book of Hairstyling  
More Up-Do's Made Easy  
Natural Hair Care and Braiding  
The Professional Model's Handbook  
28 Styles for Student Practice With

### Make-up Application

The Art and Science of Professional Make  
Beauty: The New Basics  
Face Forward

Making Faces  
The Professional Model's Handbook  
Stage Makeup

### Men's Beard and Mustache Trim

Milady's Standard Textbook of Professional

### Nail Care

Milady's Art & Science of Nail  
SalonOvations' Nail Q & A Book

### Safety

Don't Risk Your Life  
Dying to Work  
Moving Online...More *Ready for Work*  
Portable Extinguishers  
Ready for Work  
Safety and Health in the Salon  
Safety Care Series  
Understanding Hazards and Risks  
WHMIS

### Salon Housekeeping/Management

Adding It Up: Math for Your Cosmetology  
101 Salon Promotions  
SalonOvations' Picture This... Your Image

### Skin Care

Beauty: The New Basics  
Don't Go to the Cosmetics Counter Without  
Milady's Skin Care and Cosmetic Ingredients  
Milady's Standard Textbook for Professional  
The Professional Model's Handbook  
Skin Care: Beyond the Basics

### Survey Course - Middle Level

The Art and Science of Professional  
Choosing a Career in Cosmetology  
Helping Solve the **(Out of Print Section)**  
Making Faces  
Milady's Art & Science of Nail Technology  
SalonOvations' Cosmetology Dictionary  
SalonOvations' Nail Q & A Book

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## Survey Course - Secondary Level

Adding It Up: Math for Your Cosmetology  
The Art and Science of Professional  
Careers in Cosmetology  
The Complete Book of Hairstyling  
Helping Solve the **(Out of Print Section)**  
Making Faces  
Milady's Art & Science of Nail Technology  
SalonOvations' Cosmetology Dictionary  
SalonOvations' Nail Q & A Book

## Teacher Reference

Adding It Up: Math for Your Cosmetology  
The Art and Science of Professional  
Blueprint for Life/Work Designs  
Essential Skills/Compétences Essentielles  
Guide for New Workers: Counsellor  
Milady's Skin Care and Cosmetic  
SalonOvations' Cosmetology Dictionary  
SalonOvations' Picture This... Your Image  
Skin Care: Beyond the Basics  
Step Into the World of Workplace Learning

## Work Study

Blueprint for Life/Work Designs  
Employability Skills Toolkit for the Self  
Essential Skills/Compétences Essentielles  
Guide for New Workers  
Guide for New Workers: Counsellor  
Helping Solve the **(Out of Print Section)**  
High School to Apprenticeship: A Link to  
Moving Online...More *Ready for Work*  
Ready for Work  
Step Into the World of Workplace Learning

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## Media Index

Please note that the titles in this list are truncated. The complete titles appear in the citations for each resource.

### CD-ROM

Essential Skills/Compétences Essentielles  
Moving Online...More *Ready for Work*

### Kit

Ready for Work

### Print-Non-Fiction

Adding It Up: Math for Your Cosmetology  
The Art and Science of Professional  
Beauty: The New Basics  
Blueprint for Life/Work Designs  
Careers in Cosmetology  
Choosing a Career in Cosmetology  
The Complete Book of Hairstyling  
Don't Go to the Cosmetics Counter  
Employability Skills Toolkit for the Self  
Face Forward  
Guide for New Workers  
Guide for New Workers: Counsellor  
Haircoloring in Plain English  
Helping Solve the **(Out of Print Section)**  
High School to Apprenticeship: A Link to  
Making Faces  
Milady's Art & Science of Nail  
Milady's Skin Care and Cosmetic  
Milady's Standard Cosmetology  
Milady's Standard Hair Coloring Manual  
Milady's Standard Textbook for  
Milady's Standard Textbook of  
Natural Hair Care and Braiding  
101 Salon Promotions  
Professional by Choice: Milady's Career  
The Professional Model's Handbook  
SalonOvations' Cosmetology Dictionary  
SalonOvations' Nail Q & A Book  
SalonOvations' Picture This... Your Image  
Skin Care: Beyond the Basics  
Stage Makeup  
Step Into the World of Workplace Learning  
28 Styles for Student Practice With

### Video

Don't Risk Your Life  
Dying to Work  
More Up-Do's Made Easy  
Portable Extinguishers  
Safety and Health in the Salon Training  
Safety Care Series  
Understanding Hazards and Risks  
WHMI

